Thursday, October 5, 2000 - 10:00 a.m.

Yes, it's easy to criticize. It is so easy to speak without thinking. It would be better to do so before stooping to say things you will regret thereafter. This way of being is one of the weaknesses of the human being. Try at least to cure yourself of this aspect. You should bear in mind that you are also a victim of this behaviour. Make sure you don't become vulnerable to shafts that your fellow men can direct against you; they will not miss you, no matter what you do. If man actually wanted to focus on himself and analyse himself without failing, he would save time and would advance more quickly, in terms of his personal development. If this soul-searching seems tiresome to you, you should bear in mind that, sooner or later, you will have to do it with extreme rigour. You'd better prepare for it now, if you really want to advance. We don't intend to stand as moralists, to bother you with our eternal remarks, warning you on what hinders your progress. It is with love and a great concern for your persona that we put forward these remarks. It's up to you to take account of it or not. You are precious in our eyes and our advice is only meant to foster your awareness."

Babuji