Sunday, May 27, 2001 - 8:00 a.m.

Yes, my child, throughout the day, try to keep the condition you had at the end of our contact yesterday evening. Let yourself be carried away by the redeeming flow; this Sunday rest can only foster it. Lift yourself up; lift up your thought above this world. Is this not better than holidays?

"We understand your need for change, fresh air and communion with nature – your aspiration to go away from here. Create all these impressions in you, enjoy them intensely, and visualise these landscapes you are lacking.

"We would like to give them to you in this moment. You can recreate anything in your heart, feel intoxicating perfumes, breathe and experience stirring moments; everything is within your reach. It is enough for you to ask for it, to want it forcefully. Your spiritual being can do much better for you than communing with nature. The world is in you: the sun, the moon and the starry sky. Priceless flowers, nameless trees – your mind can appropriate everything in these blessed moments.

"Do you appreciate this walk? Has it refreshed your heart? Prolong it, my child, and continue to advance in this fragrant maze; your soul will come out of it delighted."

Babuji

The Medium: "O Babuji, you give me all, my Beloved."