Saturday, May 29, 1999 – 8:00 a.m.

The Medium: Is life on other planets as hard as here?

It all depends on how far you have all travelled. You go through periods of rest after each incarnation. They allow you to take stock of your evolution and your achievements, compared to the programmes intended for you.

We will not give more details on the question raised.

Your free will often makes you go off track. You all have very good intentions before, but often – what a waste afterwards.

By deviating from what was meant to be, you call into question the plan for your evolution. How many times does one have to start all over again.

Some people do not depart from the planned line and advance much more quickly, which makes us happy. Your shortcomings are so deeply rooted in you all that it is difficult for you to get rid of them.

This is why we insist. We keep reverting to these same subjects at the risk of boring you, but please understand that we do not delight in criticizing your behaviour.

We love you all, we are touched by your complaints and your desire to advance, but you so often behave like children who do the same silly things over and over and who don't want to recognize it.

What to do with you? You dislike criticism, your egos can't stand it, yet you would like to become saints?

We try to give you the user manual; it's up to you.

You have to do the minimum to help us in our work.

Even a high-level Master cannot bring you to perfection by waving a magic wand.

It's up to you all to put in enough effort; we will do the rest.

In this, as elsewhere, nothing is acquired without effort.

Help us to make heroes of you, freed from all impediments and ready to soar towards sublime heights.

Babuji