Wednesday, July 5, 2000 - 10:00 a.m.

Remain motionless and centred in the heart of silence. Bliss is beyond feelings. A heart to heart in this Holy space cannot give room to sense activities, which must be made dormant. Here is peace and harmony... By successive waves, it pervades the place which then becomes imbued and feeds on the divine essence.

"In these privileged moments, when the soul has its due place, the being of flesh quietens down and prays. These moments of complete unity are rare. The deepest being must keep them in memory, preciously, like priceless jewels.

"To console you for this necessary departure, but which saddens you, we wanted to bring you onto this shore where love that overwhelms the soul only matters.

"Pull yourself together, my daughter; you still have much to do. We repeat ourselves, but how else can we act with you humans, who need to be constantly reassured and guided? The path, without exception, cannot be shortened; one has to go to the end, as much as possible in serenity."

Babuji