Sunday, June 18, 2000 - 10:00 a.m.

Your spiritual progress is rich; it embellishes this period of your life. These contacts opened a door that leads to a world made of true values. You do not yet realize all its importance for you and the others. What is said is not insignificant. It is a simple teaching, but it touches in you luminous zones that are unknown to you. It makes them resonate so that these echoes make the conscious part of your being vibrate. Your senses, as well as your mind, are on alert. It reacts and retains what seems to be suitable to it. It makes its own selection and the repetition of this act widens its understanding. Thus are small steps taken, which make you move forward.

"With time, you can assess the progress made. You left misconceptions behind you to acquire a healthier judgement about life, mankind and yourself. Continue to explore your own resources; they are unlimited."

Babuji