Tuesday, September 24, 2013 – 10:00 a.m.

Calm yourself, and our contact will be facilitated. Let these waves of love carry you and make you forget the baseness of this world in these moments that bring bliss to your heart; such is the secret link that binds your heart to ours. This introduction allows you to access today's message. What will it be today? There are so many messages yet to be known. Everything will come in its time.

Our abhyasis are making progress; the vibrations are being refined and they tend to foster a rise in consciousness, albeit very slowly. This is how it is in the world of humans. Perceptions are becoming more subtle, and humanity is emerging gradually so that, one day, a very different state of mind will be brought about. All this is not utopian; such changes have been occurring since the beginning of time. Perfection is quite far from existing here below, yet one day, perhaps, everything will be different; the divine laws are operating in this direction, and everything is possible.

Our way too, within its scope, is contributing to it for the good of our aspirants and all those who trust us. Nothing is easy – everything has to be earned. For this, the commitment of the heart is crucial; everything takes place there, in that sanctuary whose subtle aspect is largely unknown to humans but decisive for spiritual growth. One day, the divine goal will be reached. That is the objective for all our aspirants; sooner or later

they will all attain it. For that, faith, courage and a sincere commitment are valuable assets capable of attracting our attention and blessings.

Babuji