Sunday, April 12, 2015 – 10:00 a.m.

Keep joy inside you, a joy that dispels the gloom of the days. These contacts are a delight for your heart – it lives on love. Channelling is not enough; these writings are distinguished only by this energy of love. They are and will remain unique in their genre for more than one reason: their number is unparalleled and they are rich in terms of their effects. The Sahaj Marg Mission is taking off in the world – a fact that is worth emphasising once again. A way like this will increasingly find its place. It is called for by the many souls who are lacking such an important concept for human evolution – the notion of a spiritual dimension that can meet certain increasingly obvious needs. Whether they are perceived or not, these needs apply to all.

Why not revert to these concepts often? Nowadays the human being is assailed by noises, images and multiple forms of pollution that cannot be humanly detected. The subtle bodies are of fundamental importance for human balance, and their sensitivity must be preserved. These facts are not currently considered as they should be, and yet these pollutants grievously disrupt all life on Earth. It is not our habit to discuss such things, and yet none of these considerations is foreign to us. We wish things were much better for all that lives here below; this world is what it is. Let us continue our action – one that is humble in this special area, yet important in terms of its impact for the good of all. Our objective lies there, and it is an essential one: one day the divine purpose will be achieved. Our wishes, and especially our action, contribute to it.

Special blessings to all.

Babuji Maharaj