Sunday, March 3, 2013 – 10:00 a.m.

A new page is being opened here. What will you write? What words are we going to inspire in you? This news about the symbol is very favourable and we appreciate it. These young abhyasis have understood what is essential in this fitting diagram. They are advancing in the knowledge we offer here to them, as we do to everyone, in accordance with their personal commitment.

The possibilities of this Sahaj Marg Mission are very great, much greater than it would seem; only an adequate degree of open-mindedness allows one to grasp the full extent of it. Our brothers and sisters discover these possibilities in the course of their personal advancement, according to their own resources in this area. We do not force anything; everyone progresses at their own pace, and a fervent call is always heard.

In a world that is polluted at every level, it is reassuring to witness the change in a person's condition as he or she is elevated vibrationally. Therefore, at this stage of alarming distress in the world, there is a means of helping people grow and overcome the current limitations – a means without undue constraints. We ask nothing very demanding; many people spend more time in front of high-tech devices than in the daily repetition of rituals. We propose just what is necessary while leading a normal life in which spirituality is granted its rightful place – that is to say, the most important one. Everything else is a consequence of this material world and is far from the primordial axis of life – that which continues beyond the current life.

A time will come when the majority of people will truly become aware of this fundamental 'reality'. Let us work accordingly, by showing in our own manner another path to eternal life. Eternal life is not an idle expression; it actually exists beyond the world of matter. May all incarnate beings become aware of it and not neglect that which contributes to their personal elevation.

Let us all work towards this; such is the goal.

Babuji Maharaj