Wednesday, February 29, 2012 – 10:00 a.m.

Please relax and protect yourself from harmful vibrations coming from outside. This world is burdened, beyond imagining, by an overall pollution that is worrisome. 'Progress' has more than just a good side; we here witness its effects quite sadly, without being able to change anything about it. This world is on the march and its fate is inevitable. May all our brothers and sisters protect themselves from these many disturbances and take refuge on a highly spiritual plane that detaches them to some extent from the growing needs of today's humans. Progressing on one's path, interiorising oneself and finding a calming reassurance within – these things keep one from indulging in useless activities. We wish the best for all. Time is running out, and the destiny of this planet will be fulfilled at any cost.

May faith and love guide our aspirants and lead them to the highest level of achievement; that is the ultimate wish for each of them, from all of us here.

Babuji