Monday, January 10, 2005 – 10:00 a.m.

Life is vibration; this knowledge remains to be deepened on Earth. Absolutely everything is subject to this principle. This applies most especially to the human body. A serious approach to this reality would resolve a good number of health problems. Science neglects this truth; it follows the direction it has set for itself without departing from it, thus missing a truth that has long been known.

Certain esoteric movements base their work in this area on highly realistic principles; they possess advanced solutions, waiting for the moment of revelation. Humanity is advancing slowly, at the pace of Earth's vibrations. Only a process of acceleration will allow a breakthrough in the deeper understanding of divine laws, ignored by the majority of people.

The human race is weakening. Moving further and further away from a healthy life, it no longer respects the natural rhythms of life. It is dazed by noise; it feeds on denatured food and is polluted on all levels, causing dysfunctions that disturb its physical and mental balance.

In order for human beings to survive, they will have to return to normality by respecting the divine laws which they ignore and by centring their existence on values where spirituality will predominate. To God nothing is impossible. He takes His time, but He strikes forcefully when the moment has come to stop a process that goes against nature. This planet is not alone in the universe. It is harming a very precise vibratory balance, and it will therefore be necessary, sooner or later, to stop it in its madness.

Babuji