Tuesday, April 10, 2001 – 10:00 a.m.

Have no fear – you wrote exactly what we wanted. Some things must be said. It is unfortunate that these messages are not widely distributed.

"With regard to the previous topic, it is regrettable that these practices are allowed to continue. There is absolutely no need whatsoever to add to our method of spiritual development. When it is well understood, it is more than sufficient. If our aspirants took the trouble to do their work assiduously, by respecting our teaching to the letter, they should be satisfied with it. The question is, are they ready to commit themselves? Do they give their sadhana its due place? Without perseverance, nothing can be obtained.

"A spiritual process is not a gimmick. The minds of Westerners are solicited from all sides. They are provided with too much information; all kinds of systems are offered to them. Many people are totally confused in this world that is polluted at every level. They cannot cope as individuals, and they get carried away by this excessively materialistic wave. It is difficult for them to find their right place in this society."

Babuji