Friday, July 30, 1999 - 10:00 a.m.

Yes, my daughter, after all these Earthly tribulations, you will appreciate refreshing yourself from our sources. You will be able to regain your forces, to take stock of this incarnation and improve on what you consider as being insufficient. We want the best for you and will give you the necessary means for your utmost fulfilment. So, you see, this program is, by and large, not unpleasant. You will have all latitude to carry out what we will ask you.

"For the moment let's talk about your future life. You are on this Earth and you must finish what you had started. That is not to your liking, we know it. During many years, I had waited for the moment to go and rejoin my revered Master. My son is longing to come and rejoin us, but one's work should not be given up like that. He is where he must be now. The mission must be achieved, he must accept to complete what is expected of him, even if this task becomes very difficult to manage and sometimes to bear. That is the way it goes.

"Therefore, you see, we do not expect you to move mountains, but to do what is within your capabilities and which you do so well. We understand your impatience to leave your physical body and return towards the beings you love, we also went through that. The Earth is not an idyllic place, but it is useful for your education, for your evolution. Well accomplished, this Earthly process will enable you to pass through the stages more quickly and to reach higher planes. Believe it, it is worthwhile, therefore, you should keep heart."

Babuji