Monday, July 5, 1999 – 10:00 a.m.

See only the divine essence in everyone. The human covering is a pretext for what the entity must experience. A person's good and bad sides constitute the full potential they have to manage.

The soul, on its pathway towards the Absolute, goes through many incarnations and continues its journey on other planes.

It must see 'all the colours', as you say, and incarnate in different countries, roles or skin colours. The blind do not react to these sorts of things.

They perceive, they feel beings differently and do not create useless barriers.

Each of you carries your own burden. Sooner or later, each one will experience hardships; never remain insensitive to the miseries of others. You too will one day need the compassion of your neighbour, their help and not just good words.

Practise for future times when you will have to pull together to face up to things.

Love your neighbour, see them as your kindred and treat them as such.

Shape yourself in this way, it is a powerful way to draw closer to God.

He is sensitive to what you do for the other person, his creature whom he loves as much as he loves you and who is one of the links in the immense human chain.

Meditate on this aspect of life.

Babuji