Friday, June 25, 1999 - 8:00 a.m.

The impulses of heart are not intrusive emotions. Through some of its subjects, the current system of higher education produces slightly 'uptight' individuals, frustrated in terms of various aspects of their personality, [thus] stifling any spontaneity. Put things in perspective; you should, when necessary, express yourself with the heart and not with your mind. You should refrain, when needed, from self-control at all costs. We do not ask you to become a simpleton, naive, but to be fully-fledged human beings, not systematically rejecting the good or nice aspects of your self that could be expressed. If you are not careful, your Western civilization will produce robots."

Babuji