Friday, May 28, 1999 - 8:00 a.m.

Man's life is like a building being built stone by stone. The foundations are important; the solidity of this house depends on its base course. If, as we have already mentioned, the base of your life was not properly shaped by your education and your circle, you should remedy this by developing yourself firmly.

"To advance in a spiritual way, you must feel light, free of traumatizing facts that marked your beginnings in life. You must make a clean slate; only what you are doing now matters. What you had done is behind you. You must 'remake yourselves', become little by little the person you wish to be. The help of your Master will be precious for you. Call him in your heart; entrust your life to his care, as well as your desire to become a determined aspirant, strong in the face of adversity—a new and spiritual being above all.

"Armed with your faith, your growing love for him who follows you step by step, you will go your way. Be happy to reach this stage of your existence where after this deep cleaning, you can make a fresh start. Hold the reins of your mount and advance joyfully under our protection."

Babuji