Monday, May 10, 1999 - 8:00 a.m.

The summit to be reached is in you,
Outside yourself, there are mere illusory mounts.
It's all said in this poem.
Don't burn your wings on the side of the mountain,
the one raised by men.
The summit to be reached is in you,
The summit to be reached is in you,
Outside yourself, there are mere illusory mountains.

—Oria

We go through so many ways, detours, and vain climbs before finding the good process, the right direction to go. From life to life, we wander without any true purpose, until the day when the soul wakes up and starts to really seek. Outside ourselves, indeed, there are mere illusory mounts. This summit to be reached, how much effort does it entail? The true blessing is to have the 'right guide' and to steel oneself.

"Does one want really to reach the summit? That is the question. A high level Master and the determination of the aspirant: that is the good equation. Once the foundations of this work have been laid, it remains to act and advance, step by step, with faith. We can help you in this ascent, patiently, while taking into account your weaknesses, as is done by a guide of a high mountain. Perseverance and total confidence are indispensable. The summit will be reached inevitably. When the trajectory is good, it cannot be otherwise.

"Keep in mind this image. Imagine yourself trying to climb a high mountain. Do not look at the summit all the time; you would feel discouraged. Advance patiently without ever doubting achievement of the goal."

Babuji