Sunday, May 2, 1999 - 10:00 a.m.

The Medium: "Thank you, beloved Masters, for what you do for us and humanity.

What we do is the work of the 'Great Work'. We became incarnate for that. We do not work for ourselves, but for the glory of the Almighty. We are caught in this great project, in this force which lifts us up and transports us literally. That cannot be described. It is thrilling to realize on Earth what is expected of us. This power in us gives us wings. To serve, serve, unceasingly, such is our raison d'être. We are caught in this spiral and we let ourselves be driven, with the gratitude of having been chosen. Can one have a more beautiful destiny? A lifetime is short, and one should not waste time. This is why I often tell you, live each day, each moment, as if it were the most important of your life. You will never be able either to go backward or to rectify anything; you can only see your mistakes and mend your ways. Try to do better and better. You will let yourselves be taken in by this game and it will bear its fruits. I do not promise you an easy life, free of tests and sufferings of any sort, but simply a successful life, which you will rejoice in; this would be quite an achievement. Meditate on this."

Babuji