Friday, April 2, 1999 - 8:00 a.m.

ife is a long march on sometimes difficult paths. Faith will be the best compass to guide your steps. It's important to take the right direction in some circumstances. It is in the depth of your heart, in inner silence, that you will find the answers. Your way of life is all set in principle, but it may happen that you have to make a choice to follow a particular way rather than another; you have your free will. This is why this face to face with yourself can illuminate you and lead you where you need to go. Be always in harmony with your conscience at all times; you will make your life easier.

"Your friends are slightly overloaded with these messages. Keep them to yourself henceforth. We will resume communication with them later. They have enough food for thought; one has to learn to stop. As for us, we will continue our heart to heart [communication]. You, you do not seem to be overloaded!

"See you tomorrow."

Babuji

Do not go to the garden of flowers!
O Friend! go not there;
In your body is the garden of flowers.
Take your seat on the thousand petals of the lotus,
and there gaze on the Infinite Beauty.

--Kabir