Tuesday, March 23, 1999 - 10:30 a.m.

You can perceive, in meditation, the work that has been achieved in this seminar. It's about subtle energies that permeate through you and are distilled in you, slowly. You have received and you are assimilating. The work is thus being done, almost without your knowledge. It is the emptiness of your heart, in such circumstances, that makes you reap more or less. Each person advances at his own pace; you should prolong the action of my son by meditating as much as possible.

"Don't you feel more the need to meditate, in this moment? Do not neglect this call; do your level best, according to your capabilities. No matter what you do, remain united with your Master through the heart. He will fulfil its aspirations. Love attracts love: this was repeatedly said to you. You will always be better off loving. This currency is rare, use it, it is precious. The after-seminar is important; it's up to you to manage it well. That's all."

Babuji