Sunday, November 15, 1998 - 10:35 a.m.

Yes, meditate, my child. It's the best you can do. Do you realize your luck, how your life would be without this spiritual dimension? Your health problems would not be any less important! Until love really prevails across the whole Earth, there is still much to do and you play your small part in this vast program; don't underestimate it. The Mission is expanding in the world, and one day it will be a help for the beings of goodwill. Continue to fight courageously, my child, we are all doing our best for you. We are completing our work to give you real means to act for us, effectively. You are a good servant, who meets all our expectations."

The Medium: "I would like to do more and better, Babuji!"

"Don't feel impatient; let us work as we see fit. Surrender—we will repeat this to you time and again, it is the most important. Remember the image (it's easier to work a piece of raw wood). Let us do our work; you should be in a state of love and practice as much as you can. The work done this weekend at the ashram is very beneficial; it should be repeated often. The gatherings foster greater effectiveness. Have a nice day, remain centred; show who you are inside yourself.

"We bless you as well as those who will go through the door of this apartment."

Babuji