Sunday, October 11, 1998 - 10:35 a.m.

All your being is under transformation. Your subtle bodies are restructuring. This should positively reflect on your physical body. Be careful and patient. Do not make any abrupt gestures. Keep a watch on yourself. Your condition is good. Try to maintain it. Do not worry like that for the future. Be more surrendered. Didn't we always help you? Keep joy in the heart, you are a privileged person. Rejoice for having such a path. The vicissitudes of life are momentary; you will laugh at them one day. We love you and we are indulgent with you. We find your boy-scout attitude amusing."

The Medium: "Will I be able to serve you in a more active way?"

"Wait a little until your health is restored. Do you realize the number of people you are helping, even unconsciously, you know. Don't be demoralized by some momentary disappointments. Your heart is bathing in light. Show it. Neither does my son forget you, which you know also. Be blessed, my child."

The Medium: "Beloved Babuji, I would love to be close to you, always."

"One day, you will.
"Your Francois is very busy, but he cares for you."

Babuji