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Inner peace has to be earned and obtained through working on oneself, getting rid of all that can be an obstacle. Caught in the movement of life, it is advisable to hold one's course, while being involved in the many necessities of an incarnation. A human being does not have the possibility of escaping it, but he remains with his own secret side where a parallel life can be developed, guided by the attraction of the Divine, and leading to a high level of spirituality. There is the reflection of the real being, in its most subtle aspect.

"Seek and you shall find—everything can be summarized in these words. Seeking truly leads to this conclusion. Finding is to find oneself, to be united with the Divine: this flame standing vigilant in the complex and sacred heart of man having the divinity in him. There is no need to climb mountains, to roam through the world in search of strong feelings. What a human being seeks is actually within him. He is unaware of it generally and even if he knows it, he still has to try hard to follow the necessary way. There is more than one way to succeed in that. It is not necessary to live as a hermit for that; everything is contained in the method applied, and our way is one of those methods. The rest depends on the way, the spirit in which the practice is done, and perseverance to attain the result. All is possible when one is determined to succeed.

"Let each one take the trouble to listen to oneself, to look at oneself thoroughly, and to act for the best, according to the aspirations of the soul. One day, the divine goal will be reached. May all our brothers reach that point, with our blessings."

Babuji