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To stand aloof from all kinds of events—that is wisdom. Otherwise, how can one face up to things when everything becomes difficult to manage?

"Tapping one's inner resources to better rise up, isn't it the best method! Each step thus made prepares you for a glorious future. The way is long and difficult, and it sometimes puts you off, but it is the only solution to the human tragedy, which sooner or later affects everyone. Life has also its good sides, which can be very enlightening.

"Each experience is worth living. It is the relevant spirit and heart movements associated with it that count. One's life as a whole is a mine of beneficial effects which one should be able to exploit. Each day provides its share of diversity; to approach it in a spirit of both surrender and gratitude makes a lot of difference. Knowing how to put up with one's fate gives a great inner strength. Wise men keep thanking God for the opportunity granted to them to live such experiences.

"This power cannot be obtained easily. When it is not innate, it requires great efforts. The goal of a genuine spiritual process also entails changing oneself, viewing life from a different angle and learning how to control oneself. The work being carried out in our way does not necessarily turn you into heroes, but it helps you progress at all levels and see life from a different perspective. May you in your own way become wise people illuminating the world."

Babuji