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Leave your worries aside and get into this universe of beauty where your heart likes to let itself go. In there, it forgets all the rest and it soars, light and happy. This kind of refuge is the prerogative of wise hearts that know that this divine presence is always present in them.

"Satisfy yourself, my child. Benefit from these moments of grace, forgetting the turbulences that surround you. You still will have time then to revert to the worldly businesses, which cannot be neglected, as it is man's destiny to constantly have to face daily life.

"To withdraw into God is the haven of peace. Such a withdrawal can provide the soul with the freedom to take the place that it yearns for. The being finds in this refuge the necessary appeasing and strength to carry on its road.

"Our brothers and sisters are on their way. They have understood what our way brought to them, i.e., a response to the call growing in them for another life that is ready to manifest itself. They answer it as best they can, seeking to harmonize the material and the spiritual life, with the latter taking its due place, little by little.

"Seeing a soul emerge towards the light—what a divine sight! We keep on calling those of all men populating this Earth, and who are still at the stage of darkness and in the ignorance of the force which lives in them. May they all, too, one day emerge from this murky sea and open out under the sun of divine love."

Babuji