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A soul can grow only if it is imbibed with love. Then, its needs keep growing; it is in the nature of things. The physical body is subjected to the same principle in its development, although its food differs, and this development is restricted to a short stay on Earth, contrary to the soul that is immutable and eternal.

"A thorough spiritual process reveals that need and then determines the progress of the aspirant. At the beginning, he is motivated by reason. Other criteria will then appear and contribute to the development of the spiritual dimension including that propensity to love, the driving force indispensable to any quest. It gives it all its panache, its ardour justifying that which, one day, will be its achievement.

"In this case, there is no great theory. The principle is simple: firstly love and follow a teaching capable of helping to climb the steps as well as possible. In our way, its implementation is simple and does not require hours of attention per day. It is enough to observe certain regularity in one's practice, a moral and spiritual investment setting the limits of this process. With time, our brothers find in themselves the aptitude likely to foster their progress. The need grows in them to be united with the Divine. Each one follows one's path according to one's aspirations. Their Master is there to guide them according to the intensity of their call to lead it towards its higher destiny."

Babuji