Sunday, September 19, 2004 - 10:00 AM

Advance joyfully, my child; life on this Earth is worth living. Each experience is enlightening, everything must be considered from this point of view, and thus the way seems less long. The most insignificant act or the most tedious one can be adorned with grace when it is offered generously. The heart must interfere in the matters of the world; it has the power to embellish them by considering that their meaning surpasses the framework within which they take place. Whatever is experienced and felt as being offered to the inner Master, to the Divine, changes the face of things completely.

"Change your life, by thus adapting it to your personal process. Enrich yourself consistently. Master it and do not be overwhelmed any more by all sorts of events. Be the Masters on board, control yourself and be strong, everything is only incidental here below. You have a spiritual Master; being a staunch aspirant, you go beyond material life and its deceptive appearances. You do not let yourselves be taken in any more like before.

"Your sadhana having changed your perceptions and widened your vision of the world, you are advancing more serenely, less involved in useless things. How much energy is thus lost, for no reason at all, for ideas, endless debates where each one stands one's ground, convinced that he is right. A spiritual process helps to put things into perspective, to question oneself and to overcome useless aspects. No time should be wasted, life is short; each moment builds it. Be fervent in your practice; it can change it. You are working for your own benefit, think about it. You are completely involved, therefore act. The action of your Master will be increased by it: it is in the nature of things.

"May all be blessed and trustful in their success."

Babuji