Friday, August 27, 2004 - 10:00 AM

Being able to be united in oneself with a Master—in the silence of the heart which nobody else can access—isn't it the greatest grace being offered to man? There, in secrecy, worlds are being built since this blessed presence is working ad infinitum. These moments of intense communion provide a being with unequalled bliss. Writing these lines is a blessing for our scribe; the fact of merely mentioning this ritual sends her soul into transports of delight.

"In these moments the external world does not exist any more for the aspirant. He enjoys each second that unites him, each time a little more, with this divine presence. Our way facilitates his ascent. The summit to be reached is within himself, he knows it: each step leads him towards liberation. He should not, in any way, lose sight of this objective, by dwelling on relational difficulties, which are specific to human beings expressing failings that they are not often even aware of.

"To keep a check on oneself, to question oneself, is a healthy attitude; practising within a group requires tolerance and objectivity. Only the goal is to be considered, the human nature is as it is; each one must cope with it and search into themselves that which escapes this kind of tendency. A true spiritual process opens this royal way to them: divesting oneself of the useless and being united to the Divine.

"By interiorizing oneself each day with happiness, the aspirant exceeds the framework of matter; he rises vibrationally and his heart is strengthened in this redeeming process. Loving his Master and appealing to him in the secrecy of a fervent heart—that is the key to the sacred building where He is awaiting him."

Babuji