Saturday, February 28, 2004 - 10:00 AM

Do not fear anything. Live in confidence and surrender. The Earth, as you know, is not your abode. Accept that which cannot be changed and cultivate within yourself, constantly, the rare flower of love. Your heart only lives on it—its beauty, its perfume—letting it glimpse the delights of an elsewhere which cannot be depicted here below. Work towards your elevation; ignore the useless and negative aspects of life in this world.

"Be connected to the heart of your Master; let it be your refuge on this Earth and your reason for hoping for better days, well illuminated with divine presence. Do your level best on all occasions, by not losing sight of your main objective. Render thanks for what you have, for the graces you receive and the noblest gift that is: loving God and the divine beings He placed on your way.

"Practice according to our teachings; remain in the spirit of Sahaj Marg, conscious of what is offered to you through it, of the strength you are sharing with all your brothers and sisters following in our wake. They really do not realize what they receive—how could they? They are advancing through the inevitable turbulences of their Earthly existence, hoping heartily for an achievement.

"Unified in a noble vibration, our aspirants benefit from a work they cannot assess. They look in the direction of their Master; in him, they trust. His greatness is hidden from the eyes of men; such treasures cannot be exhibited. God alone can grant them and make them bear fruit with time and through work achieved with complete abnegation and great love.

"May they all be blessed on this day, especially!"

Babuji