Tuesday, February 10, 2004 - 10:00 AM

Men complicate everything for the sake of it, on this Earth. They let themselves go into meaningless considerations that go against simplicity, as recommended in a true spiritual process. They often get bogged down in pointlessness, wandering completely from their goal. By not finding the means to attain it, they slow down their evolution. Awareness must develop in them; the teachings of the Master and writings like these can touch them for this purpose.

"Practice does its work within each one, consecrated by the work of the divine Being leading our Mission on Earth. This work is endless, but it must be constantly renewed. It is not easy to deal with humans, everything moves so slowly in this world. As incarnate, it is a true challenge for man to make appropriate choices and to stick to them, in order to come to terms with his plan of life correctly. Nothing is easy, temptation is everywhere, and the modern world, because of its harmful effects, dissipates energies thus reducing each one's attention and concentration.

"Our brothers understood it, by firstly devoting time to their daily practice; thus are created subtle currents, communicating with what represents the very essence of our way. They are connected to powerful forces, of which they cannot measure the impact, but time devoted to these practices is infinitely valuable. They thus dissociate themselves from ambient negativity maintained by the aberrations of the current life, by creating for themselves a universe of beauty.

"Many beings yearn to find a spiritual way suiting them; it is not easy for them to succeed in that, their mind being cluttered up with so many misconceptions. May clarity arise in the hearts and guide them advisedly!"

Babuji