Monday, November 24, 2003 - 10:00 AM

Enter this reserved space within you and leave your worries outside; there is peace and harmony. Create conditions conducive to this contact, thus your heart will be receptive to our wishes. This ritual is always the same, whether for meditation or for receiving us.

"Spiritual life is to be disconnected from material life. This fact becomes increasingly obvious as practice progresses. This availability is learnt slowly: only time can foster a perfect connection with another part of oneself, immutable, imposing, as time goes by, its laws applying more and more forcefully.

"The subtle being has its own requirements, which must be met; it is the law of life and the evolution of souls on the path. Our aspirants are placed in conditions that are conducive to this progress. They are advancing at their own pace. They invariably free themselves of the illusory attachments slowing down their progress. They have a guide, a high level Master, who is lighting their way. Many of them are aware of their luck, of the opportunity granted to them to progress under the best conditions. The human being does not always realize what he is offered. Our way ensures a guaranteed progress towards the goal they wish to attain.

"Sometimes a few words are enough to let one understand that such a luck is not given to everyone; it is by tirelessly repeating it, that they manage to focus on their target for good, hence the need for repetitions. Efforts and perseverance are the catchwords. May they all be blessed throughout this sacred search."

Babuji