Monday, April 30, 2001 - 8:00 AM

Be delighted through this birthday celebration that is getting more important in the world with the passing of the years. It is the Mission that is celebrated. It is advancing step-by-step and conquers the hearts that sense the sincerity of this way. Its sobriety and the simplicity of the practice are adapted to modern times.

"Communing with oneself, cutting oneself off from the world at some time during the day has become a necessity for our candidates. They feel all the good they benefit from this plunging into themselves. They empty their minds of their worries, to let themselves be carried away toward other shores, less tumultuous where the soul can recognize itself again and feel itself existing. This meditation has its own importance; it leads you to living ecstatic moments that reconcile you with life.

"This life doesn't give you only good moments, but it offers you this way out toward a luminous world, adorned with all graces. While time is slipping by, you give their true place to your abhyas. They open up new horizons to you, you discover another aspect of your person, and your real identity appears to you. You will find yourself different, not granting the same importance anymore to things that surround you, knowing how to make other choices that better correspond to your new inner state. While letting emerge your own best part, your everyday life will be consequently transformed at all levels. That is the desired goal."

Babuji