Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Wednesday, August 4, 1999 – 8:00 a.m.

The religions that deny reincarnation are in contradiction with their customs, which involve performing rituals of purification on the child right from birth. Why should the child be purified if she or he is a spontaneous divine creation and already in a pure state; what more is there to add?

The adult, on the other hand, must undertake an inner cleaning, which is what an abhyasi must do. This work is essential to let the divine energy penetrate. The transmission, as we call it, is all the more effective if the recipient is in the best conditions for receptivity.

It is one of the few paths where so much emphasis is put on this preparation. To meditate on one's own tendencies is not good, it only serves to reinforce them. The abhyasis can all the better receive if they prepare themselves assiduously by doing their cleaning each evening and by being regularly monitored by the preceptor of their choice. They will then be in the best condition to receive this true blessing that is pranahuti.

Our way is simple; perhaps we need to remind you more often how regularity and rigour in practice are essential for your advancement. Missing no seminars, no group meditations, that's good, but above all, don't neglect this personal preparatory work, which may seem demanding but is an indispensable foundation for obtaining the best results.

Think about it, don't let up; get yourselves back on track if necessary, to start out again on the right foot. The road is long, it is best to be well equipped and take full advantage of the richness of this way.

Babuji