Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Monday, November 15, 1999 – 10:00 a.m.

You see how diving into oneself relieves the stress and worries that assail you all unceasingly; it is a person's only and 'true' refuge.

A universe of peace and love lies within each of you. When you are no longer in control of a situation, let it be your reflex to take refuge there, if only for a few moments. Life is a daily battle; you must see it through while sparing your energy reserves.

Don't waste them every other minute. Save them for what is really important. Learn to manage everything sensibly; your physical balance depends on it, just like your spiritual fulfilment.

Try to find a happy medium in everything. It takes an apprenticeship, sometimes a long one, before you get good results, but that is worth some effort.

We are no righters of wrongs; we only try, as is our role, to open your eyes by suggesting a way to lead your lives for the best.

It is not easy for anyone to find the right path; a well conducted practice will lead you to wisdom. Never lose heart, it is essential.

Babuji