Thursday, December 23, 1999 - 8:00 a.m.

We will come back to the definition of the esoteric symbol of the heart. This heart is big and its meanderings are many. One can only use a sketch to give an idea of what it really represents. The idea of a vacuum in the centre of the atom is good and right. It is an extremely complex part; we have elaborated on the issue in our books without being able to satisfy your curiosity. This symbol can give free rein to your imagination. With the passing of time and as your comprehension increases, owing to the work which is being done on you, you will understand it differently.

"These are mysteries that cannot be revealed from the outset; you will gradually gain insight into them. Starting from a simple idea, the foundations are laid; it's up to you to build the knowledge structure, while advancing step by step, towards the supreme goal.

"May this divine energy, contained in the heart of the atom, vibrate in you intensely."

Babuji