Thursday, December 23, 1999 - 10:00 a.m.

You are part and parcel of one single body. Progress made by some benefits the others. You should always rejoice in the good things happening to a brother or a sister. You all will reach, one day, the goal that we promise to you. You are nearing the year 2000 with good prospects. Let your heart open up to the beneficial rays of love. Be more and more connected to the Divine and let yourself be carried away by this transcendent euphoria. Be connected to the living Master whom you find inside you. May you be full of joy and love for humanity at the end of this year; that would make us happy. We want all the best for you: such is our constant concern. You are dear to our hearts and we are delighted by your progress.

'This method, so simple, so divested of superfluity, bears admirable fruits.

"In retrospect, we can measure its impact, and the results obtained are a true divine blessing. It's up to you to enjoy it fully, be thirsting for love and grow in it, under our benevolent attention."

Babuji