Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Friday, January 26, 2001 – 10:00 a.m.

If the number of our aspirants is static or even declining in certain places, there is nothing alarming about that. Didn't I tell you a few years ago that Sahaj Marg was to be purified? We want abhyasis who are truly determined, and not dilettantes. A true process must be followed at several levels: in the silence of the heart, through an ever-increasing interiorization, and by the attendance of group meditations and seminars. They have their importance and go hand-in-hand with personal work, which has to be repeated every day, with regularity.

It's an ensemble by which an abhyasi can measure, over the years, changes taking place within.

To meet the Master represents a privileged moment. It is desirable that this occurs at least once, any more being a special blessing each time.

Sincerely practising disciples make progress even if they cannot meet the Master physically, provided they remain well connected to him. That is the strength of our approach: a reliable method with a living Master at the top who can transmit a subtle and divine energy, whatever the distances separating him from our brothers and sisters.

Work is being done; there's no need to worry about that. The system is very well designed and effective; one has only to adhere to it completely.

Babuji