Tuesday, December 14, 1999 – 10:00 a.m.

It is truly now that the future of the Mission must be built. All of you are entering a new era and you will have to develop your ability to adapt.

"Society will be transformed on all levels as a result of all kinds of upheavals. On the economic level, increasingly refined technology will generate human tragedies. Human beings will have to face and keep up with things, whether they want to or not, in order to survive.

"This process is already in progress. The culmination of this radical change will not take place tomorrow; do not panic. Progress, if it must be called that, is inhuman in many respects, but it cannot be stopped.

"Be at the same time in the world – as it is necessary to lead your lives – and also out of the world by taking refuge in your sadhana. Not everyone has this chance.

"Psychiatrists are increasingly numerous and are nowhere near becoming jobless. Individuals withdraw into themselves and communicate with difficulty. Their physical health and their balance are assaulted by various types of pollution. All this should urge them to find the remedy inside themselves."

Babuji