Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Thursday, March 10, 2005 – 10:00 a.m.

Your refuge is intact; it escapes the turbulence of this world, as you can see once more. Regain your serenity; it is essential in this contact. Each time, you must follow this path that brings you to us, in more serene places. The agitation of the world harms human beings, who then forget true values and let themselves be taken in by the futilities of the world.

Only calmness and interiorization make it possible to stand back and see events in their true light.

You are now refocused, in the heart of silence; there, all else seems pointless. Let the redeeming energy flow through you. It is beneficial and appeases your heart. The call of your heart is constant, and it isn't well suited to negative energies that disturb the whole balance. To put things into perspective in all circumstances is the instinct of the wise, which is acquired over time, when it is not innate.

The practice of meditation helps in this work on oneself; people in these times need it more than ever. Our scrupulous abhyasis are advancing in this direction, towards a control of ill-timed reactions harming their equilibrium.

Being able to preserve oneself from the external world allows one to progress on the path. We insist on this point since the spectacle of the world, as we see it, is distressing. May all our brothers and sisters strive to keep a satisfactory balance, necessary for their physical and mental health as well as their evolution, by drawing from the source of

*our way, whose spiritual richness they do not properly assess. May all be blessed and enlightened in this time of darkness, this is our conclusion.*

*Babuji*