Tuesday, October 15, 2013 – 10:00 a.m.

This heavenly manna will have touched more than one heart, and its action is only beginning. Over time, our abhyasis will truly recognize the importance of these messages. Their richness is in their simplicity. Our intent here is not to write a literary work, the objective lies far beyond that and it reaches its target; isn't that what's important. These writings are a welcome source of nourishment for hearts in need and thirsty for the Divine. There is no shortage of such hearts, and this need will reveal itself more and more to human beings. Although their energies are disturbed, creating many problems in them, human beings realize how much they lack, and they aspire to fill this void with a spiritual approach that can meet their innermost yearnings. For most of these beings, our path meets their aspirations and allows them to seize the opportunity to advance in this ultimate quest. There lies the goal of all incarnate beings; by degrees, they open up to the higher reality. They understand the reason for their existence here below and the reason for this karma that can be so very heavy to bear. Progressing spiritually is the best way to alleviate the constraints it imposes. No one is perfect; the purpose of an incarnation is defined in advance and is very precise in its action. Everything has its raison d'être, hence the wisdom of accepting this karma, deriving the best from it by complying with its laws – even with gratitude when a

certain insight permits. May all our brothers and sisters be enlightened and inspired on this journey of spiritual elevation.

Babuji Maharaj