Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Wednesday, November 29, 2000 – 10:00 a.m.

Why deprive yourself of this state which you particularly appreciate? Meditate more often, even for a short time, since your body can't bear immobility for too long. Short meditations repeated throughout the day would be very beneficial for you.

Abhyasis must adapt the practice to their possibilities. We don't impose fixed rules. Some of them juggle with a very tight schedule, but they find the way to devote enough time to what they consider to be of prime importance.

Don't you all find the best refuge, far from the world and the noise, in this space that none can invade and appropriate?

Do what you can to embellish it, to give it the letters of nobility it deserves. It's a divine right, which is reserved for you all and which you can use as you wish.

May the light gush forth in you and reverberate to infinity, carrying along other hearts offered to divinity, who are serene in the face of life and aspire to an eternity vibrant with love.

Babuji