Monday, September 1, 2003 – 10:00 a.m.

Your heart is touching, it surrenders like a child's. It doesn't demand, it doesn't ask, it loves, quite simply, without expecting any particular graces.

In our way, an assiduous practice makes the abhyasis more malleable. The concept of surrender must guide them in everything, making them more receptive to the work that's being accomplished within them. They can then move forward to discover their own treasures, highlighted by a sadhana well understood.

Their trust in the Master must assert itself and love develop within them, accompanying this process which without him would lose its meaning.

While advancing in the spiritual quest, these aspects become clear to the aspirant; that starts for them a fruitful and liberating process. Perseverance will open up new horizons for them; imperceptibly, their inner transformation will change their conception of life. They will see life in all its truth; they'll realize how ephemeral it is, which will encourage them to ardently pursue a path leading them beyond the precariousness of their Earthly existence.

Wisdom is acquired through experience; well understood, all of life is enriching.

The human beings undergo the experiences necessary for their evolution, they can't escape it. No one is immune to hardship, that's the law of life. Sooner or later, everyone

must go through one of them, more or less repeated, but necessary. Understanding this is a decisive step on the trail.

Babuji