Monday, January 3, 2000 – 8:00 a.m.

In those moments of communication between us, try to forget your body. Let yourself be pervaded by this salutary flow. Ignore the world you live in, dive into yourself and let yourself be carried away.

The Medium: Letting myself be carried away and writing is not particularly easy, Babuji!

It's true, but you manage to do it very well. You will soon have a message for my son. Sulochana is regenerating, she is recovering from all her trials. In a while, she will manifest.

A new year lies ahead of you, my dear daughter, we must find a way to relieve you. Don't lose heart.

You have received the gift for loving; that gift is invaluable, it is your recourse and your solace. This faculty is not given to everyone, but you all can make it grow within you.

Love your Master with a sincere, deep love. Keep this flame alive in yourselves, relentlessly, it will not leave you anymore; it will become part of you and your faith will be strengthened and enriched by it. Love responds to love, it is a divine law. Immerse

yourselves in this blissful state, so that this year 2000 opens new spiritual prospects for you.

Babuji