Thursday, November 4, 1999 – 5:15 p.m.

I know you shouldn't be rushed and that you're very tired, but you know what it's like to lose one's companion. When possible, and with your consent, we will see how to contact him. Be brave, I am in a good position to understand you. I was longing to leave this world; I am finally free and with our Beloved. One day we'll all be reunited and happy in His presence. I am using up too much of your strength, but you will be less tired after meditating.

Sulochana