Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Monday, October 11, 1999 – 10:00 a.m.

Learn how to control your mind in all circumstances, don't let it lead you. When you meditate, release yourself from your worries, you have the means to do so.

Do it immediately, don't waste time letting yourself be pursued by inopportune thoughts.

There you are – close the door behind you and just be available for us. That is not so difficult and, I believe, you appreciate it. Meditate a few moments, then we'll resume.

Try not to fritter your energies away in talking, go to the essential; this current health problem does not allow you to do otherwise. Stick to this behaviour for the moment, even if it is misunderstood by your circle.

That is difficult to handle, we know it, but it is critical for your recovery. The beings who really love you do understand.

My dear child, you have a busy day ahead of you, we will not insist any longer. Do tone down your oratorical impulses, thus you will not misuse your nervous strength.

Babuji