Sunday, April 16, 2000 – 8:30 a.m.

This article, as a whole, is right. Being a medium is a gift, an inner ability and not a pathological condition, as certain ignorant doctors tend to propound. This state is not easy to live with because of the over-sensitivity it develops.

To show their worth, these beings need a favourable environment. This is what we are trying to do as far as you are concerned.

True mediums are people with a mission. They've made this choice to serve a cause. Your cause is Sahaj Marg, which holds a big place in your heart. It is unfortunate that people's minds are so little open to this practice [of channelling], which they understand poorly, because they themselves don't have this capability.

You are doing what you came for. That's all that matters and you are understood and appreciated by beings that are dear to you.

You will leave a beautiful harvest with all these messages given and received with love.

The Venerable