*Wednesday, April 5, 2000 – 10:00 a.m.*

*We cannot always tell you astonishing things. You have come to regard our exchanges as normal. That this communication exists and that we give you some information, even if it remains within a limited framework, should satisfy you. The aim of what it is possible to say to you is to accompany a task that you would not otherwise be fully aware of. Many would love to live what you are living, on the spiritual level at least. Be contented with what we tell you, you are privileged.*

*Even though by nature you were inclined to be constantly on the move, out in the world, it is another action we are asking of you, one that goes beyond all physical effort. There is a great lesson you must draw from this incarnation: the withdrawal into oneself, in the sense of interiorization and the utilization of psychic powers.*

*It is a vast programme, little known to humans, but one that we use as we see fit. Isn't it said that it takes all sorts to make a world?*

*The Venerable*