Wednesday, March 29, 2000 – 10:00 a.m.

In you, our priority objective is to transform your heart, which is the central point of the being. It is delicate work, to which we give all required attention.

The heart has multiple functions of which you have no idea. Yours was well prepared, it remains for us to polish this beautiful work. Soon we will be in complete harmony, after it has received the ultimate transfusion. All that is abstract and must seem complicated to you; do not worry about the end result. It will not change the face of the world, but you yourself will be different while keeping the same appearance. Remain serene; you are not separated from your Beloved. He watches over you with love; your heart bonds are touching and nothing will change this relationship.

Advance, more and more convinced of this transformation, with acceptance and serenity.

The Venerable