Thursday, October 14, 1999 - 10:00 a.m.

Your heart needs it so much that we can only speak about love, but we will weary the reader. It is your inner attitude, your 'availability', as we have already indicated, which strongly calls for our answer.

"Do you believe that we have made ourselves understood well? It is more than a 'heart to heart', it is the heart in all its states! If, as we hope for, our messages from the beginning have been well understood and assimilated, you must, you also, be in the same state of receptivity, and not complain about the contents of these texts.

"You, who have nourished yourselves with them, you are making progress and your hearts have opened out imperceptibly; they are not tired of this speech. Do you realize that? Is your mind still the strongest, or are you now able to put it in its place when needed, and let yourself enjoy the unequalled sweetness of a state of grace?

"It is up to you to judge, but don't be reserved. Loving that way is no weakness; don't dismiss it, it must express itself and thus transform you from inside. That's all for today, think well on all this, analyse yourself with complete objectivity and do not let any more barriers prevent you from advancing."

Babuji