Monday, October 11, 1999 - 8:00 a.m.

The talent for love is innate, but it can develop with time. Reason has no bearing in this matter. The impulses of the heart don't operate to order. Even among the most gifted, the inner attitude is not always steady. It is a little normal; there is everyday life with its routine activities, more or less pleasant to carry out, and, even while remaining in a constant state of what one could call the heart remembrance, it [inner attitude] is a little put to mute.

"There is a time for everything; your day has weak points and strong points on this aspect. The stronger points are those you devote to your mystical life. There, you can open the doors wide and 'worship' in the silence of the heart and the soul. There, you can bathe in the divine waters, far off from everything. But I do insist on the fact that you are never cut off from Him and that at no moment are you separated from 'the main thing'. You are caught only in worldly matters; you can't do otherwise unless you live as a hermit in a rock hole on a mountain, fed with the celestial manna. That is quite another story...

"You must have your feet firmly (planted) on the ground to lead your life and properly put things into perspective. You can be a businessman and remain connected to the Creator. When your outer work is completed, you have to make a choice between your leisure time and that which you devote to your sadhana. Here, you enter your preserve, i.e. His; you can be yourself and love Him unreservedly.

"Love Him with all your soul and say it to Him. All will be well."

Babuji