Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Saturday, August 28, 1999 – 10:00 a.m.

Try in all circumstances to master your emotions. They can be devastating and create samskaras in you.

Faced with certain situations, remain as much as possible immersed in us, in our energy, which forms a protective shield against certain aggressions.

Always remember this and put it into practice more and more often; it will become a natural reflex.

Babuji